



COVID-19 Patient guide for in-person appointment



First and foremost, in order to come in to the clinic you must:

- Feel well
- Have passed the COVID-19 screening questionnaire
- Have a scheduled appointment



Before leaving home, please use your own washroom.



Come alone to your appointment unless it is for your baby or your child.



Travel light. Only bring necessary items into the clinic.



Once you arrive, stay outside & contact your therapist.
She will come & open the door for you when ready to welcome you.



Wear a clean mask for the duration of the appointment.



Wash or sanitize hands when you arrive and before you leave the clinic.